1	Let's talk action: Infant-directed speech facilitates infants' action learning
2	Melanie S. Schreiner * <sup>1, 2, 3, 4</sup> , Johanna E. van Schaik * <sup>+ 5, 6</sup> , Jelena Sucevic <sup>7</sup> , Sabine
3	Hunnius <sup>5</sup> , & Marlene Meyer <sup>5, 8</sup>
4	<sup>1</sup> Psychology of Language Research Group, University of Göttingen, Germany
5	<sup>2</sup> Leibniz ScienceCampus Primate Cognition, Göttingen, Germany
6	<sup>3</sup> Clinic for Cognitive Neurology, University of Leipzig, Germany
7	<sup>4</sup> Department of Neurology, Max Planck Institute for Human Cognitive and Brain Sciences,
8	Germany
9	<sup>5</sup> Donders Institute for Brain, Cognition, and Behaviour, Radboud University Nijmegen, the
10	Netherlands
11	<sup>6</sup> Educational Studies, Vrije University, the Netherlands
12	<sup>7</sup> Department of Experimental Psychology, University of Oxford, UK
13	<sup>8</sup> Department of Psychology, University of Chicago, USA
14	
15	* Should be considered joint first author
16	<sup>+</sup> Corresponding author
17	Address corresponding author: Van der Boechorststraat 7, 1081 BT Amsterdam, The
18	Netherlands.
19	Email corresponding author: j.e.van.schaik@vu.nl
20	
21	Conflict of Interest
22	The authors declare no conflicts of interest with respect to the authorship or the publication of
23	this article.
24	

# 2

# 3

### Let's talk action: Infant-directed speech facilitates infants' action learning

#### Abstract

4 Parents modulate their speech and their actions during infant-directed interactions, and these modulations facilitate infants' language and action learning, respectively. But do these 5 6 behaviors and their benefits cross these modality boundaries? We investigated mothers' infantdirected speech and actions while they demonstrated the action-effects of four novel objects to 7 their 14-month-old infants. Mothers (N = 35) spent the majority of the time either speaking or 8 9 demonstrating the to-be-learned actions to their infant while hardly talking and acting at the same time. Moreover, mothers' infant-directed speech predicted infants' action learning 10 11 success beyond the effect of infant-directed actions. Thus, mothers' speech modulations during 12 naturalistic interactions do more than support infants' language learning; they also facilitate infants' action learning, presumably by directing and maintaining infants' attention towards 13 the to-be learned actions. 14

15

16 Keywords: infant-directed speech; infant-directed actions; action learning

1 Decades of research in the language domain have investigated parents' speech 2 modulations (Ferguson, 1964), and more recently research in the action domain has examined 3 parents' action modulations during infant interactions (Brand, Baldwin, & Ashburn, 2002). 4 Although in daily life parent-infant interactions are typically multimodal, including speech and 5 action, little is known about how these parental modulations interact to affect infants' learning 6 across modalities. Given that infant-directed speech enhances infants' attention to language 7 input (Schreiner, Altvater-Mackensen, & Mani, 2016; Soderstrom, 2007), the present study 8 investigates whether this attentional enhancement can cross over to benefit learning in the 9 action modality. This study thus attempts to bridge the gap between these two lines of infantdirected behavior research by investigating whether mothers' infant-directed speech plays a 10 11 role in their action demonstrations and, importantly, infants' action learning.

#### 12 Infant-directed speech

13 Adults across most cultures tend to exaggerate their speech during natural interactions with infants as compared to conversations with adults (Ferguson, 1964; Kitamura, 14 15 Thanavishuth, Burnham, & Luksaneeyanawin, 2001). In particular, adults modify their prosody in infant-directed speech (hereafter, IDS) by using higher pitch, and a wider pitch 16 range than in adult-directed speech (hereafter, ADS; Fernald et al., 1989; Soderstrom, 2007). 17 There is ample evidence that IDS, relative to ADS, facilitates infants' word segmentation 18 19 (Thiessen, Hill, & Saffran, 2005), and word learning (Ma, Golinkoff, Houston, & Hirsh-Pasek, 20 2011), and that the quality of IDS predicts infants' later vocabulary outcomes (Shneidman, 21 Arroyo, Levine, & Goldin-Meadow, 2013).

Nevertheless, the underlying mechanisms of the benefits of IDS on early language learning are still disputed. While earlier work suggested hyperarticulation to be a possible mechanism of IDS (Kuhl et al., 1997), recent research speaks against this assumption, showing that IDS is actually less clearly articulated than ADS (Martin et al., 2015). A different account 1 proposed that the function of IDS is to provide attentional enhancement, that is, it attracts and 2 maintains infants' attention to language input, thereby, facilitating language learning 3 (Schreiner et al., 2016; Soderstrom, 2007). Accordingly, numerous studies have demonstrated 4 that infants prefer IDS over ADS (Cooper & Aslin, 1990; The ManyBabies Consortium, 2020), 5 and that they also select their communicative partners dependent on the speech register they 6 employ (Schachner & Hannon, 2011). Taken together, these findings suggest that within IDS, parents enhance the prosodic characteristics of their speech. This enhancement seems to direct 7 8 and maintain infants' attention to the relevant speech input in order to boost learning.

#### 9 Infant-directed action

10 Caregivers also adjust their action demonstrations for infants compared to adults (Brand 11 et al., 2002). Within these infant-directed actions (hereafter, IDAs), parents tend to perform 12 demonstrations closer to their child, make actions larger, adjust the velocity of their 13 movements, and show the effects of actions for longer (Brand et al., 2002; Rohlfing, Fritsch, Wrede, & Jungmann, 2006; van Schaik, Meyer, van Ham, & Hunnius, 2020). Demonstrations 14 15 performed in an IDA-manner have been shown to facilitate infants' object exploration and imitation compared to adult-directed demonstrations (Koterba & Iverson, 2009; Williamson & 16 Brand, 2014). 17

In summary, the existing body of research indicates that parents, on the one hand, modulate their speech, and, on the other hand, modulate their actions, while interacting with their infants. Whereas it has been clearly shown that these modulations facilitate infants' learning within the respective modalities, very few studies investigated the interaction between these domains and potential cross-modal effects.

### 23 A multimodal environment: IDS and IDA

Though most studies of parents' infant-directed behaviors are unimodal, typical parentinfant interactions are not. Do infant-directed behaviors within one modality, such as IDS,

1 occur within the context of another modality, like action demonstrations, and does this facilitate 2 learning? Thus far, to our knowledge, no research has been done on the relation between the 3 prosodic characteristics of IDS and action-learning, but the timing of speech during action 4 demonstrations has been examined. Hirsh-Pasek and Golinkoff (1996) proposed that speech 5 timing might help infants to structure observed streams of action, and evidence suggests that 6 infants can indeed use speech to parse action sequences (Brand & Tapscott, 2007). Moreover, 7 parents have been found to naturally use speech to structure their sequential IDAs; in two 8 infant-directed cup-stacking studies, parents enveloped sub-goals of the action sequence with 9 social signals including speech (Nagai & Rohlfing, 2009; Rohlfing et al., 2006). These studies highlight a potential role of speech as structuring, but not overlapping with, action streams, and 10 11 are in line with the overshadowing hypothesis. This hypothesis posits that upon simultaneous 12 presentation, auditory input tends to grab infants' attention thereby delaying processing (and 13 hence affecting learning) in the visual domain (Robinson & Sloutsky, 2004, 2007). Extending 14 these findings on the basis of IDS research, we propose that the prosody-driven attention 15 enhancing qualities of IDS could likewise also affect action learning. Through exploring the effect of prosodic modulations within IDS on infants' action-learning, we might be able to 16 17 better explain variations in action learning during naturalistic action demonstrations (e.g., van Schaik et al., 2020) and discover a possibly broader attentional enhancement function of the 18 19 prosodic modulations of IDS.

20 Overview of the current study

In our study, we examined whether and to what extent mothers use not only IDAs but also IDS during action demonstrations to their infants and whether mothers' prosodic modulations, over and above action modulations, benefit infants' action learning. To investigate this, we quantified mothers' prosodic and kinematic modulations during naturalistic action demonstrations as well as their 14-month-old infants' action learning. Mothers were asked to demonstrate the actions of four novel objects to their infants and were free to exchange
the objects and speak to their infants. The dataset used for the present investigation stems from
a previous study investigating the effects of IDA on infants' action learning (van Schaik et al.,
2020).

5 Our first research question was whether mothers use IDS during action demonstrations, 6 and, if so, how much of the time mothers talk, act, or do both simultaneously. Analogous to the 7 attention-grabbing effects of IDS in language learning, we propose that IDS might also be 8 beneficial for drawing attention to the interaction (cf., Schreiner et al., 2016; Soderstrom, 2007) 9 and therefore hypothesize that mothers make use of IDS during action demonstrations. It is an open question whether mothers might either speak or act rather than doing both simultaneously, 10 11 as one might expect that simultaneously speaking and acting on the objects might impede 12 action learning, following the overshadowing hypothesis (Robinson & Sloutsky, 2007).

Our second research question investigated whether IDS is related to infants' action learning. More specifically, do the quintessential prosodic characteristics of IDS contribute to infants' learning outcomes in action-learning contexts? Given that IDS enhances infants' attention to the relevant speech stimuli (Schreiner et al., 2016), we expected that mothers' IDS influences infants' action learning, with enhanced prosodic characteristics being related to better action learning.

19

#### Method

The present analyses utilize data from a previous study (van Schaik et al., 2020) which compared parents' infant- and adult-directed actions using optical motion tracking. In particular, parents were asked to demonstrate the different action-effects of four novel objects to their 14-months-old infants and to two adults. Given the goal of the present investigation was to examine the role of IDS during infants' action learning, we now additionally assessed mothers' IDS during the mother-infant interactions.

#### **1** Participants

The data of 35 mothers and their 14-month-old Dutch-learning infants was included in this study. On average, infants were 14.3 months old (range: 13.5-15.2 months; 16 girls). The sample size was determined by the previously collected dataset. Post-hoc power analyses were performed using GPower (Faul, Erdfelder, Buchner, & Lang, 2009). Given the R<sup>2</sup> of .28 of the final regression model, the sample size of 35, and an alpha of .05, the resulting power is 0.84.

Five parent-infant dyads from the original data set (van Schaik et al., 2020), were 7 8 excluded because of insufficient usable audio data (n=2) or participation of the father instead 9 of the mother (n=3). Only mothers were included in the analyses as males show different prosodic characteristics (i.e., lower pitch height) than females (Fernald et al., 1989). With only 10 11 three fathers, a separate analysis could not be conducted for the fathers. This research was 12 approved by the Ethics Committee of the Faculty of Social Sciences of Radboud University ("Cognitive research with babies and young children"; ECG2012-1301-006, -006a, -006a2) 13 14 and was carried out in accordance with the Declaration of Helsinki.

15 Materials

16 **Objects.** Four novel cylindrical objects were used in this study (see Figure 1). The 17 visual appearance of the objects was identical except for their color. Despite looking similar, each object could be operated with a distinct action to produce a unique auditory or visual 18 action-effect: the grey object rattled when shaken, the orange object could be twisted around 19 20 its radial axis to produce a "kggrr" sound, when the top of the red object was pressed a light turned on, and the two magnetic halves of the yellow object could be pulled apart. The objects 21 were hidden from the infant's view in the beginning of each demonstration and presented one 22 23 at a time in a counterbalanced order.

Recordings. Mothers' movements were recorded with a Qualisys Oqus 5+ optical
motion tracking system (www.qualisys.com). The three-dimensional movements of two

reflective markers worn on mothers' index fingers were tracked using seven motion cameras
 and a video camera. Interactions were also recorded using two corner cameras and a ceiling
 microphone mounted directly above the mother (Noldus Information Technology, Media
 Recorder, Version 2.5).

#### 5 **Procedure**

Mothers were first familiarized with the objects and their specific effects. Subsequently,
mothers were asked to demonstrate how the objects worked to an adult partner, then their
infant, and then another adult partner. Thereby, mothers were sufficiently familiar with the
objects before demonstrating them to their infants.

10 The demonstration took place with mother and infant seated across from each other at 11 a table. The objects were placed behind a small screen in the right-hand corner on the mothers' 12 side of the table so that mothers could easily access them while also being out of the infants' 13 reach and sight. Mothers were instructed to demonstrate one object at a time following a pre-14 specified order (counterbalanced across mothers) and to demonstrate the object at least once 15 before passing it to their infant. Mothers were then free to interact naturally with their infant, 16 including speaking to their infant and exchanging the objects back-and-forth as often as they 17 liked. Mothers could move on to the next object at their own pace. The demonstration session 18 ended after the mother had demonstrated and exchanged all four objects. The mean length of the demonstration session was 191 seconds (SD = 92). 19

#### 20 Measures

Maternal utterances were coded using PRAAT (Boersma & Weenink, 2019), from the mothers' first touch of the first object until her return of the last object. Mothers' action demonstrations were coded using ELAN (2018; Lausberg & Sloetjes, 2009) while they were holding each object. From this, two types of measures were calculated: (A) the percentage of time mothers spent talking, acting or both and (B) the prosodic characteristics of IDS. The IDA characteristics and infants' learning data were obtained from the previous study (van Schaik et
al., 2020).

3 Distribution of time spent on IDS and IDA. The utterances coded in PRAAT were 4 imported into the ELAN files that contained the action coding. This allowed calculation of the 5 percentages of time mothers were speaking, demonstrating actions, or doing both 6 simultaneously. Since mothers could speak both when they were and were not in possession of the objects but could logically only act on the objects while in possession, we distinguished 7 8 between time speaking when in possession and when not in possession of the object. We then 9 calculated the time mothers spent speaking while not in possession, speaking (not acting) while in possession, acting (not speaking) while in possession, and speaking and acting at the same 10 11 time while in possession, as a percentage of the summed time they spent speaking and acting. 12 In other words, the percentages indicate the time mothers spent speaking and/or acting relative 13 to the total amount of time mothers were speaking and acting. We calculated these relative 14 percentages instead of, for example, the percentages speaking and acting out of the total 15 interaction time, because we were specifically interested in how mothers divided their infant-16 directed behavior time into speaking, acting, or both.

IDS. All utterances were analyzed for four pitch characteristics: minimum, maximum, and mean pitch as well as pitch range using PRAAT. Descriptive outcomes of all IDS measures are in Table 1, together with previously reported pitch characteristics of IDS found for German and British English for comparison (Fernald et al., 1989). Variables were converted to z-scores to ensure consistency in the analyses (see IDA calculations below), resulting in one score per IDS measure per mother.

IDA. Four measures were obtained for each action demonstration and were averaged across repetitions of that object: the 3D distance covered, velocity, proximity of mothers' actions, and duration of the action effects (Table 1). Since the actions for the four objects differed with respect to absolute kinematics values, we calculated z-scores per object before
 averaging across objects to arrive at one score per IDA measure per mother.

Infant learning. Infants' object-directed actions when they received the objects from their mother were coded. Per object, the number of times the infant successfully operated the object to produce the effect was divided by the infant's number of attempts to operate the object. These ratio scores were averaged across the four objects, resulting in one learning ratio per infant.

#### 8 Data analyses

9 To address the first research question, pertaining to the distribution of time mothers spent on IDAs and IDS, the percentage of time mothers used either one and both was 10 11 examined. With respect to the second research question on the contributions of IDA and IDS 12 to action learning, we first employed a principal component analysis (PCA, see Bair et al., 13 2006) to reduce the number of variables that represent IDS and IDA. Two PCAs were 14 conducted separately, one for the four measures of IDA and one for the four measures of IDS. 15 Next, to predict infants' learning, we first entered the extracted IDA component into a hierarchical linear regression. In the next step, to assess the possible added benefit of IDS on 16 17 infants' learning, we entered the extracted IDS components. Analyses were performed in IBM SPSS. 18

19

#### Results

#### 20 Distribution of time spent on IDS and IDA

The calculations showed that, of the total amount of time mothers spent on IDS and/or IDA, they performed both simultaneously only 6.2% of the time on average (see Figure 2). Mothers spent on average 45.5% of the time on IDS while not in possession of the object. While in possession of the objects, mothers spent 19% on IDS and 29.3% on IDA; specifically, 25 of the 35 mothers used more IDA than IDS, whereas seven mothers used more IDS than IDA, and three mothers devoted equal amounts of time to IDS and IDA (see Supplemental
 Material, Figure S 1).

3 Additionally, we explored the possibility that the combination of IDS and IDA was 4 influenced by the type of effect an action produced (i.e., auditory vs. visual). We calculated 5 overlap of IDS and IDA separately for the objects with an auditory and visual effect. 6 Specifically, we calculated the average overlap when mothers were in possession of an object, 7 with the grey and the orange object representing overlap during auditory-effect object 8 demonstrations and the red and yellow object representing overlap during visual-effect object 9 demonstrations<sup>1</sup>. There was a significant difference in the simultaneous use of IDS and IDAs for the objects with an auditory effect relative to the objects with a visual effect, t(34) = -3.20, 10 11 p = .003, d = 0.54. In particular, mothers simultaneously spoke and acted on average 9.6% of 12 the time when demonstrating auditory-effect objects, while for objects with visual effects, their 13 IDS and IDAs overlapped on average 14.8% of the time (see Figure 3).

#### 14 IDA, IDS, and infant learning

15 In order to assess the impact of IDA and particularly of IDS on infants' action learning 16 success, we first conducted PCAs to reduce the number of variables for the IDA and IDS 17 measures. The PCA on the IDA measures resulted in one principal component, and the PCA on IDS measures resulted in two<sup>2</sup>. These explained 47.0% (IDA) and 99.6% (IDS) of the 18 19 variance. Component 1 of IDA captures features of larger 3D-distance coverage, higher 20 velocity, longer effect durations, and smaller proximity (demonstrations further away from the 21 infant; see Figure 4). Component 1 of IDS reflects extreme values in pitch (high minimum, 22 maximum and mean pitch) with a small pitch range, and component 2 of IDS captures

<sup>&</sup>lt;sup>1</sup> Note that this calculation is different from the overall distribution calculation where speech was also assessed when mothers were not in possession of an object.

 $<sup>^{2}</sup>$  The cutoff point of an eigenvalue larger than 1 was used to determine the number of principal components to be extracted (Kaiser, 1960).

exaggeration of maternal speech input highlighting the range in pitch (with high maximum,
 low minimum pitch, and a wide pitch range; see Figure 5).

3 In order to estimate the contribution of IDA and IDS to infants' learning, we conducted 4 a stepwise hierarchical linear regression analysis with infants' learning success as dependent 5 variable. Initial examination of Pearson correlations did not reveal significant correlations 6 between the IDA and IDS components (see Table 2). In the first step of the regression, the 7 extracted IDA component was entered to test whether IDA predicts action learning. In the 8 second step, both extracted components of IDS were entered to evaluate whether a model 9 including both IDA and IDS better predicts infants' learning success. For the first step, a significant regression model was found, F(1, 33) = 4.49, p = .042 with an  $R^2$  of .12. The IDA 10 11 component 1 was a significant predictor of infants' learning success. The second step of adding 12 the extracted IDS components significantly improved the model,  $F_{change}(2, 31) = 3.30, p = .049$ with an  $R^{2}_{change}$  of .16. In particular, IDS component 2, but not 1, was a significant predictor of 13 14 infants' action learning (see Table 3). This final model explained 28% of the variance with 15 IDA contributing at a level of marginal significance and IDS contributing significantly to the 16 model. In summary, this analysis revealed that both IDA and IDS predict infants' learning. 17 Importantly, IDS had a unique contribution to learning, above the effects of IDA.

18

#### Discussion

We investigated the presence of IDS during mothers' demonstrations of different novel objects to their 14-month-old infants and whether mothers' IDS contributed to infants' action learning. Despite being engaged in an action demonstration context, mothers spent the greatest percentage of time speaking to their infants without demonstrating an action, on average 64.5%. Mothers spent 29.3% of the time on IDA and these two behaviors, IDA and IDS, overlapped for only 6.2%. This pattern indicates that mothers were typically engaging in only one infant-directed behavior at a time, and, even though the goal of the interaction was to teach

#### INFANT-DIRECTED SPEECH FACILITATES ACTION LEARNING

infants actions, mothers spent a considerable amount of their time speaking. Furthermore,
mothers' IDA significantly predicted infants' action learning, and this model significantly
improved when mothers' IDS was added. In other words, mothers' IDS significantly predicted
infants' action learning beyond the effect of IDA. This finding is especially interesting
considering that infants were learning new actions rather than language.

6 The presence of mothers' IDS during naturalistic action demonstrations and the predictive power of IDS for infants' action learning are in line with two hypothesized benefits 7 8 discussed in the literature on IDS, IDA, and multimodal learning cues. First, it can be 9 speculated that the benefit of mothers' IDS is reflective of the attention-enhancing role of IDS. Behavioral studies have shown that infants prefer IDS as compared to ADS (The ManyBabies 10 11 Consortium, 2020) and neurophysiological studies have demonstrated increased brain 12 activation in response to IDS relative to ADS (Zangl & Mills, 2007), indicating that IDS may 13 attract and regulate infants' attention and arousal. Interestingly, the findings of the present 14 study suggest that these attention effects might be cross-modal, as they enhance learning in the 15 action domain. Additionally, as indicated by the factor loadings of IDS component 2, it is wider pitch range, with low minimum pitch and high maximum pitch rather than higher pitch overall, 16 17 that significantly predicted infants' learning. This suggests that variation in pitch rather than generally higher pitch values in mothers' speech might be important for attracting infants' 18 attention. 19

Second, both the limited overlap in mothers' speech and action demonstrations and the benefit of IDS for action learning, suggest that parents might be sensitive to the benefits and drawbacks of using different infant-directed behaviors across modalities. These findings extend those of previous IDA studies in which parents used speech to segment sub-goals in action sequences (Nagai & Rohlfing, 2009; Rohlfing et al., 2006). Here, in the context of single actions, speech was prominent in mothers' interactions, but similarly did not overlap with mothers' actions very often. Additional analyses revealed that this was particularly the case for
the auditory-effect toys, where speaking at the same time would make the sound effects more
difficult to hear, and therefore less salient.

4 An unexpected result of the present study was that there was no evidence for a correlation between IDA and IDS. Authors have paralleled IDS characteristics and the effects 5 6 on language learning with those of IDA and its effects on action learning (Brand et al., 2002). 7 However, this exploration of mothers' naturalistic behaviors did not show evidence for the 8 assumption that mothers who modulate their behavior more in one modality also do so in the 9 other. Although interpretation of a null result should be taken with caution, one explanation for this outcome could be due to the level of analysis, grouped over entire interaction sessions, 10 11 which may not be fine-grained enough, or because the action-focused nature of the task skewed 12 parents' natural behaviors. Future research is needed to investigate this matter further, for 13 example by examining possible contributors to both IDS and IDA such as parental emotional 14 expressivity. Emotional expressivity, which has been found to strongly manifest in IDS 15 (Benders, 2013; Trainor, Austin, & Desjardins, 2000) and is also considered characteristic of 16 IDA (Brand et al., 2002), might underlie both infant-directed behaviors.

17 This study provides new evidence for the contribution of language to action learning. Existing research has primarily investigated the opposite direction of influence, namely how 18 19 movement can contribute to infants' language learning (e.g., Pence, Golinkoff, Brand, & Hirsh-20 Pasek, 2005). For example, providing consistent visual cues has shown to facilitate preverbal infants' discrimination of phonetic categories (Yeung & Werker, 2009). Further, in object 21 22 name-learning tasks, mothers have been shown to synchronize the naming of target words with 23 moving the target objects (Gogate, Bahrick, & Watson, 2000), and the synchrony of mothers' movement and speech seems to facilitate infants' learning of object-name pairs (Matayaho & 24 Gogate, 2008). Taken together with the current findings, the commonality of benefiting 25

learning suggests that parental modulations should be seen as a larger, multimodal behavioral
 repertoire. In this manner, future research might be better able to pinpoint the likely common
 learning mechanisms.

Furthermore, at the intersection of, but distinct from language and action, are gestures. 4 In contrast to object-directed actions as in IDAs, gestures are non-object-directed movements 5 6 with representational goals and are typically used in communicative settings (Wakefield, 7 Novack, & Goldin-Meadow, 2018). Research on gestures indicates that gestures are beneficial 8 for learning and generalization in contexts like word learning (Wakefield, Hall, James, & 9 Goldin-Meadow, 2018), solving mathematical problems (Congdon et al., 2017), and also action learning (Novack, Goldin-Meadow, & Woodward, 2015). Though the interpretation of 10 11 movements as gestures and learning from gestures has mostly been shown in older children, 12 young children could start being able to learn from them by the age of 2 years (Novack et al., 13 2015; Novack, Filippi, Goldin-Meadow, & Woodward, 2018; Wakefield, Novack, & Goldin-Meadow, 2018). While in the present study maternal object-directed action demonstrations 14 15 could not co-occur with maternal gestures, gesture and speech can co-occur and thereby enhance learning (Wakefield, Novack, Congdon, Franconeri, & Goldin-Meadow, 2018). Given 16 17 the present cross-modal relation between IDS and action learning and the role of gesture in cross-modal learning and generalization, future work should investigate the existence and role 18 19 of infant- (or toddler-) directed gestures in action learning and its relation to the other infant-20 directed behaviors of IDA and IDS.

In conclusion, this study suggests that the way mothers speak relates to how well infants learn new actions. While teaching new actions to their infants, mothers spent a considerable amount of time talking to their infants and the way mothers modulated their speech significantly predicted infants' action learning beyond the effect of IDA. We posit that IDS drew attention to the action demonstrations, while IDA maintained infants' attention and

- 1 highlighted aspects important for reproducing the action. These findings thus provide a starting
- 2 ground for future work into how parents are expertly able to simplify this multimodal world
- 3 into coordinated tidbits of information for their learning infants.

1	References
2	Bair, E., Hastie, T., Paul, D., & Tibshirani, R. (2006). Prediction by supervised principal
3	components. Journal of the American Statistical Association, 101(473), 119-137.
4	Benders, T. (2013). Mommy is only happy! Dutch mothers' realisation of speech sounds in
5	infant-directed speech expresses emotion, not didactic intent. Infant Behavior and
6	Development, 36(4), 847-862. doi: 10.1016/j.infbeh.2013.09.001
7	Boersma, P. & Weenink, D. (2019). Praat: doing phonetics by computer [Computer program].
8	Version 6.0.50, retrieved 31 March 2019 from http://www.praat.org/
9	Brand, R. J., Baldwin, D. A., & Ashburn, L. A. (2002). Evidence for 'motionese': modifications
10	in mothers' infant-directed action. Developmental Science, 5(1), 72-83. doi
11	10.1111/1467-7687.00211
12	Brand, R. J., & Tapscott, S. (2007). Acoustic packaging of action sequences by infants. Infancy,
13	11(3), 321-332. doi: 10.1111/j.1532-7078.2007.tb00230.x
14	Congdon, E. L., Novack, M. A., Brooks, N., Hemani-Lopez, N., O'Keefe, L., & Goldin-
15	Meadow, S. (2017). Better together: Simultaneous presentation of speech and gesture
16	in math instruction supports generalization and retention. Learning and Instruction,
17	50, 65-74.
18	Cooper, R. P. & Aslin, R. N. (1990). Preference for infant-directed speech in the first month
19	after birth. Child Development, 61, 1584-1595.
20	ELAN (Version 5.2) [Computer software]. (2018, April 04). Nijmegen: Max Planck Institute
21	for Psycholinguistics. Retrieved from https://tla.mpi.nl/tools/tla-tools/elan/
22	Faul, F., Erdfelder, E., Buchner, A., & Lang, A.G. (2009). Statistical power analyses using
23	G*Power 3.1: Tests for correlation and regression analyses. Behavior Research
24	Methods, 41(4), 1149-1160. doi: 10.3758/BRM.41.4.1149

- Ferguson, C. A. (1964). Baby talk in six languages. *American anthropologist*, 66(6), 103-114.
   doi: 10.1525/aa.1964.66.suppl 3.02a00060
- 3 Fernald, A., Taeschner, T., Dunn, J., Papousek, M., de Boysson-Bardies, B., & Fukui, I. (1989). 4 A cross-language study of prosodic modifications in mothers' and fathers' speech to 5 preverbal infants. Journal of Child Language, 16(3), 477-501. doi: 6 10.1017/S0305000900010679
- Gogate, L. J., Bahrick, L. E., & Watson, J. D. (2000). A study of multimodal motherese: The
  role of temporal synchrony between verbal labels and gestures. *Child Development*, *71*(4), 878-894. doi: 10.1111/1467-8624.00197
- Hirsh-Pasek, K., & Golinkoff, R. M. (1996). The Origins of grammar: Evidence from
  comprehension. Cambridge, MA: MIT Press.
- Kaiser, H. F. (1960). The application of electronic computers to factor analysis. *Educational and Psychological Measurement*, 20(1), 141-151.
- Kitamura, C., Thanavishuth, C., Burnham, D., & Luksaneeyanawin, S. (2001). Universality
  and specificity in infant-directed speech: Pitch modifications as a function of infant
  age and sex in a tonal and non-tonal language. *Infant Behavior and Development*,
  24(4), 372-392. doi: 10.1016/S0163-6383(02)00086-3
- 17 24(4), 572 592. doi: 10.1010/50105/0505(02)00000/5
- 18 Koterba, E. A., & Iverson, J. M. (2009). Investigating motionese: The effect of infant-directed
  19 action on infants' attention and object exploration. *Infant Behavior and Development*,
  20 32(4), 437-444. doi: 10.1016/j.infbeh.2009.07.003
- Kuhl, P. K., Andruski, J. E., Chistovich, I. A., Chistovich, L. A., Kozhevnikova, E. V., Ryskina,
  V. L., ... & Lacerda, F. (1997). Cross-language analysis of phonetic units in language
  addressed to infants. *Science*, 277(5326), 684-686. doi:
  10.1126/science.277.5326.684

1	Lausberg, H., & Sloetjes, H. (2009). Coding gestural behavior with the NEUROGES-ELAN
2	system. Behavior Research Methods, Instruments, & Computers, 41(3), 841-849.
3	doi:10.3758/BRM.41.3.591.
4	Ma, W., Golinkoff, R. M., Houston, D. M., & Hirsh-Pasek, K. (2011). Word learning in infant-
5	and adult-directed speech. Language Learning and Development, 7(3), 185-201. doi:
6	10.1080/15475441.2011.579839
7	Martin, A., Schatz, T., Versteegh, M., Miyazawa, K., Mazuka, R., Dupoux, E., & Cristia, A.
8	(2015). Mothers speak less clearly to infants than to adults: A comprehensive test of
9	the hyperarticulation hypothesis. Psychological Science, 26(3), 341-347.
10	Matatyaho, D. J., & Gogate, L. J. (2008). Type of maternal object motion during synchronous
11	naming predicts preverbal infants' learning of word-object relations. Infancy, 13(2),
12	172-184. doi: 10.1080/15250000701795655
13	Nagai, Y., & Rohlfing, K. J. (2009). Computational analysis of motionese toward scaffolding
14	robot action learning. IEEE Transactions on Autonomous Mental Development, 1(1),
15	44-54. doi: 10.1109/TAMD.2009.2021090
16	Novack, M. A., Filippi, C. A., Goldin-Meadow, S., & Woodward, A. L. (2018). Actions speak
17	louder than gestures when you are 2 years old. Developmental Psychology, 54(10),
18	1809. doi: 10.1037/dev0000553
19	Novack, M. A., Goldin-Meadow, S., & Woodward, A. L. (2015). Learning from gesture: How
20	early does it happen? Cognition, 142, 138-147. doi:10.1016/j.cognition.2015.05.018
21	Pence, K., Golinkoff, R. M., Brand, R. J., & Hirsh-Pasek, K. (2005). When actions can't speak
22	for themselves: How might infant-directed speech and infant-directed action influence
23	verb learning. From orthography to pedagogy: Essays in honor of Richard L. Venezky,
24	63-79.

1	Robinson, C. W., & Sloutsky, V. M. (2004). Auditory dominance and its change in the course					
2	of development. Child Development, 75(5), 1387-1401.					
3	Robinson, C. W., & Sloutsky, V. M. (2007). Visual processing speed: Effects of auditory input					
4	on visual processing. Developmental science, 10(6), 734-740. doi: 10.1111/j.1467-					
5	7687.2007.00627.x					
6	Rohlfing, K. J., Fritsch, J., Wrede, B., & Jungmann, T. (2006). How can multimodal cues from					
7	child-directed interaction reduce learning complexity in robots? Advanced Robotics,					
8	20(10), 1183-1199. doi: 10.1163/156855306778522532					
9	Schachner, A., & Hannon, E. E. (2011). Infant-directed speech drives social preferences in 5-					
10	month-old infants. Developmental Psychology, 47(1), 19.					
11	Schreiner, M. S., Altvater-Mackensen, N., & Mani, N. (2016). Early speech segmentation in					
12	naturalistic environments: Limited effects of speech register. Infancy, 21, 625-647.					
13	doi: 10.1111/infa.12133					
14	Shneidman, L. A., Arroyo, M. E., Levine, S. C., & Goldin-Meadow, S. (2013). What counts as					
15	effective input for word learning? Journal of Child Language, 40(3), 672-686. doi:					
16	10.1017/S0305000912000141					
17	Soderstrom, M. (2007). Beyond babytalk: Re-evaluating the nature and content of speech input					
18	to preverbal infants. Developmental Review, 27(4), 501-532. doi:					
19	10.1016/j.dr.2007.06.002					
20	The ManyBabies Consortium (2020). Quantifying Sources of Variability in Infancy Research					
21	Using the Infant-Directed-Speech Preference. Advances in Methods and Practices in					
22	Psychological Science, 3(1), 24–52. doi: 10.1177/2515245919900809					
23	Thiessen, E. D., Hill, E. A., & Saffran, J. R. (2005). Infant-directed speech facilitates word					
24	segmentation. Infancy, 7(1), 53-71.					

1	Trainor, L. J., Austin, C. M., & Desjardins, R. N. (2000). Is infant-directed speech prosody a					
2	result of the vocal expression of emotion? <i>Psychological Science</i> , 11(3), 188-195. doi:					
3	10.1111/1467-9280.00240					
4	van Schaik, J. E., Meyer, M., van Ham, C. R., & Hunnius, S. (2020). Motion tracking of					
5	parents' infant-versus adult-directed actions reveals general and action-specific					
6	modulations. Developmental Science, 23(1), e12869. doi: 10.1111/desc.12869					
7	Wakefield, E. M., Hall, C., James, K. H., & Goldin-Meadow, S. (2018). Gesture for					
8	generalization: gesture facilitates flexible learning of words for actions on objects.					
9	Developmental Science, 21(5), e12656. doi: 10.1111/desc.12656					
10	Wakefield, E. M., Novack, M. A., Congdon, E. L., Franconeri, S., & Goldin-Meadow, S.					
11	(2018). Gesture helps learners learn, but not merely by guiding their visual attention.					
12	Developmental Science, 21(6), e12664. doi:10.1111/desc.12664					
13	Wakefield, E. M., Novack, M. A., & Goldin-Meadow, S. (2018). Unpacking the ontogeny of					
14	gesture understanding: How movement becomes meaningful across development.					
15	Child Development, 89(3), e245-e260.					
16	Williamson, R. A., & Brand, R. J. (2014). Child-directed action promotes 2-year-olds'					
17	imitation. Journal of Experimental Child Psychology, 118, 119-126. doi:					
18	10.1016/j.jecp.2013.08.005					
19	Yeung, H. H., & Werker, J. F. (2009). Learning words' sounds before learning how words					
20	sound: 9-month-olds use distinct objects as cues to categorize speech information.					
21	Cognition, 113(2), 234-243. doi: 10.1016/j.cognition.2009.08.010					
22	Zangl, R., & Mills, D.L. (2007). Brain activity to infant versus adult directed speech in 6- and					
23	13-month olds. Infancy, 11, 31-62.					

## 1 Acknowledgements

- 2 We would like to thank Rebecca Brand for her valuable comments on the results of our study,
- 3 and our student assistants Hilde Krajenbrink and Camila van Ham for their help in coding the
- 4 motion data of the study, as well as our lab manager Angela Khadar.

**Figures and Tables** 



*Figure 1.* The four novel objects with auditory or visual action effects used for the action
demonstrations. Adapted from "Motion tracking of parents' infant- versus adult-directed
actions reveals general and action-specific modulations" by J.E. van Schaik, M. Meyer, C.R.
van Ham, S. Hunnius, 2020, *Developmental Science, 23*(1), e12869, p4. CC BY-NC. Published
by John Wiley & Sons Ltd.

## 1 Table 1

- 2 Mean (with standard deviation) and range of IDA and IDS variables for the current Dutch
- 3 sample. Note that for the analyses averaged z-scores were used. Means of IDS characteristics
- 4 are also provided for German and British English (from Fernald et al., 1989).

Variable Measure		Mean ( <i>SD</i> ) Dutch	Min-Max	Mean German	Mean English	
				(Fernald et al., 1989)		
ion	velocity (mm/s)	311.91 (85.75)	132.27-535.18			
ted Act	3D-distance (mm)	455.10 (193.97)	191.38-956.29			
ant-direc	proximity (mm)	494.36 (83.27)	346.74-645.51			
Inf	effect duration (s)	1.80 (.49)	1.03-3.02			
ech	maximum pitch (Hz)	318.69 (40.99)	213.01-384.64	367	382	
ted Spe	minimum pitch (Hz)	255.19 (29.50)	177.58-322.16	178	198	
ant-direc	mean pitch (Hz)	285.84 (30.47)	194.63-334.01	241	262	
Inf	pitch range (semitones/s)	3.96 (2.34)	0.19-8.38			



*Figure 2.* The percentages of time mothers spoke while not in possession of the object, spoke
while in possession of the object, acted while in possession of the object, or spoke and acted at
the same time, out of the total time mothers spent speaking and/or acting (the width of the
violin plot represents the density of the data; dots represent individual data points and are
horizontally jittered to ensure visibility).



1

*Figure 3.* Percentages of time mothers used speech and action in combination during the
demonstration of objects with an auditory or a visual effect (the width of the violin plot
represents the density of the data; dots represent individual data points).



*Figure 4*. Factor loadings of the extracted IDA component 1.



*Figure 5*. Factor loadings of the extracted IDS components 1 and 2.

- 1 Table 2
- 2 Correlations of infants' action learning success, IDA component 1, IDS component 1, and IDS
- 3 *component 2*.

	Learning success	IDA component 1	IDS component 1	IDS component 2
Learning success	1.00	.35*	03	.45**
IDA component 1		1.00	.12	.19
IDS component 1			1.00	.00
IDS component 2				1.00

4 \* *p* < 0.05; \*\* *p* < 0.01

#### 1 Table 3

#### Linear model of predictors of infants' action learning success. 2

	Model 1			Model 2		
-	b	SE b	β	В	SE b	β
IDA component 1	0.06	0.03	.35*	0.05	0.03	.28+
IDS component 1				-0.01	0.03	07
IDS component 2				0.07	0.03	.40*
<i>R</i> <sup>2</sup>		0.12			0.28	
F for change in R <sup>2</sup>		4.49*			3.33*	

3

 $^+ p < 0.1; * p < 0.05$ 





3 Figure S 1. Percentages of use of speech, action, and overlap of speech and action for each

4 mother.